

Building Communities That Care

Mohawk Valley Behavioral Health IPA

2025 Annual Report

Equitable access · Coordinated care · Serving Rural communities



Mohawk Valley
Behavioral Health IPA

Building Communities That Care

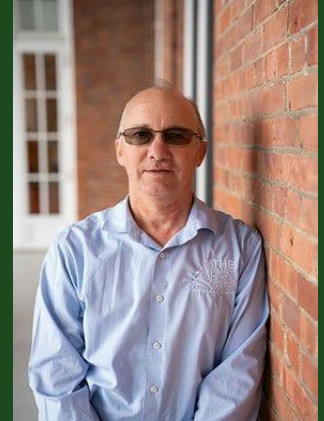
A Message from Our Board President

Our mission — to expand access to high quality, coordinated behavioral health services — has never been more important.

Across our rural communities, the need for compassionate, evidenced-based mental health and substance use care continues to rise. Our Network is deeply committed to meeting that need.

We have strengthened collaboration among providers, partners, and health systems to improve care coordination and outcomes for the individuals and families we serve. Through innovation, data-driven practices, and a shared dedication to excellence, our providers have worked tirelessly to ensure that behavioral healthcare is accessible, integrated, and responsive to the diverse needs of our communities. By supporting our providers, we strengthen the entire system of care – ensuring that individuals receive the right care, at the right time, in the right place.

None of this work would be possible without the dedication of our provider network, leadership team, community partners and Director. As we look ahead, we remain focused on advancing integrated care models, addressing health disparities, and strengthening the behavioral health workforce. Together, we will continue building a system that prioritizes collaboration, innovation, and person-centered care.



Michael L. Countryman
Board President
*Executive Director, The Family Counseling
Center of Fulton County*

A Message from our Director

It is an honor to serve as Director of the Mohawk Valley Behavioral Health IPA and to witness, every day, the extraordinary dedication of our network providers, partners, and community members.

This past year has been one of meaningful growth — not just in the numbers we serve, but in the depth of the connections we have built. From our expanded partnerships, to our regional conference in Cooperstown, to the launch of the Otsego Health Matters Population Health Dashboard, we have taken bold steps toward a more integrated, data-informed, and compassionate system of care.

What drives this work is strong relationships and a single, aligned vision. The individuals and families in our rural communities deserve access to high quality behavioral health services — and our network shows up for them, every single day.

As we look ahead, I am energized by the possibilities before us. We will continue to strengthen partnerships, advocate for the resources our communities need, and strive to ensure that individuals have equitable access to high quality care.



Marion Mossman

Director

Mohawk Valley Behavioral Health IPA

Our Mission & Philosophy

MISSION To ensure equitable access to well-coordinated, evidenced-based, high quality community mental health and substance use, prevention services and other critical supports for individuals in the Mohawk Valley region.



Premier Rural System

Develop a premier rural system of care across the Mohawk Valley region.



Infrastructure Capacity

Build strong, sustainable infrastructure through clinical integration and collaboration.



Data-Driven Quality

Incorporate quality analytics and improvement to ensure clinical best practices.



Commitment to Communities

Unwavering dedication to rural communities supporting mental health and recovery.

Our History

2017



MVBHCC Founded

Formed under the lead agency of The Neighborhood Center with NYS Office of Mental Health funding to create a network of service providers enhancing regional infrastructure ensuring that all services are patient-centered, evidenced-based and comprehensive.

2019



IPA Established

The Network transitioned to an Independent Practice Association (IPA) to be able to negotiate with managed care organizations, on behalf of its Network members preparing for the shift from “fee for service” model to a quality and outcomes-based Value Based Payment (VBP) model.

Today



Growing & Evolving

Our IPA continues to evolve to provide strong infrastructure to organizations who share our mission and vision providing equitable community-based care across rural New York State. We remain focused on advancing integrated care models, addressing health disparities and strengthening the behavioral health workforce.

Our Impact

Serving communities across eight counties and beyond

20,000+

Medicaid Lives Served

Ensuring equitable access for all

30+

Network & Affiliate Partners

Collaborating for integrated care

8

Counties Covered

Covering the Mohawk Valley Region with
partnerships extending beyond

Through innovation, data-driven practices, and a shared dedication to excellence, our network ensures behavioral health care is accessible, integrated, and responsive.

Our Board of Directors

Executive Leadership

Michael L. Countryman

Board President
Executive Director · The Family Counseling Center of Fulton County, Inc.

Sandra Soroka

Board Vice President
Executive Director · The Neighborhood Center, Inc.

Lauren Tegnander

Board Treasurer
Chief Operating Officer · Rehabilitation Support Services, Inc.

Sarah Nies

Board Secretary
Director of Community Services · Schoharie County Community Services

Board Members

Helen Burdick *Beacon Center*

Douglas Elston *Delaware County Community Services*

Wendy Goetz *Rescue Mission of Utica*

Catherine Loomis *ARC of Herkimer*

Steve McLaughlin *McPike Addiction Treatment Center*

Jeannette Pavlus *Otsego County Community Services*

Melissa Snyder *Catholic Charities of Herkimer County*

Partnerships & Collaboration



Bassett Research & Cornell University

Collaboration on a NIH grant for regional Youth Risk Behavior Survey implementation across 3 counties. First regional YRBS study completed in our area.



Data Analytics for Quality Improvement

Providing data analytics to guide best practices, address gaps in care and support clinical integration across the Mohawk Valley region.



Compliance, HIPAA & Cyber Security

Expert consultation, training and customized support for corporate compliance, HIPAA, OMIG rules, Cybersecurity and workforce training.



Grant Writing & Management

We offer a broad range of services for grant writing, funding research, consultation, facilitation and grant management for our providers.



1115 Waiver Social Care Network

Strong collaborative partnerships with Care Compass Network and Healthy Alliance to support the implementation of the 1115 Waiver program and social care services.



Regional Conference – Cooperstown, NY

Convened partners at our Spring 2026 conference at The Otesaga Hotel in Cooperstown, NY. Overwhelmingly positive value and feedback received from providers representing every sector of human services across our region.

Program Initiatives & Outcomes



Otsego Health Matters Population Health Dashboard



Developed an Otsego County NY Population Health Dashboard through an award granted by Otsego County Opioid Settlement Funds. Find us at www.otsegohealthmatters.org

Key features:

- All related data centralized in one place
- Identifies potential funding opportunities
- Highlights promising practices for quality improvement
- Drives performance outcomes through QI initiatives



NYS OMH Hospital Discharge Planning Initiative

Partnered with three additional Behavioral Health IPAs covering 27 counties across New York State.

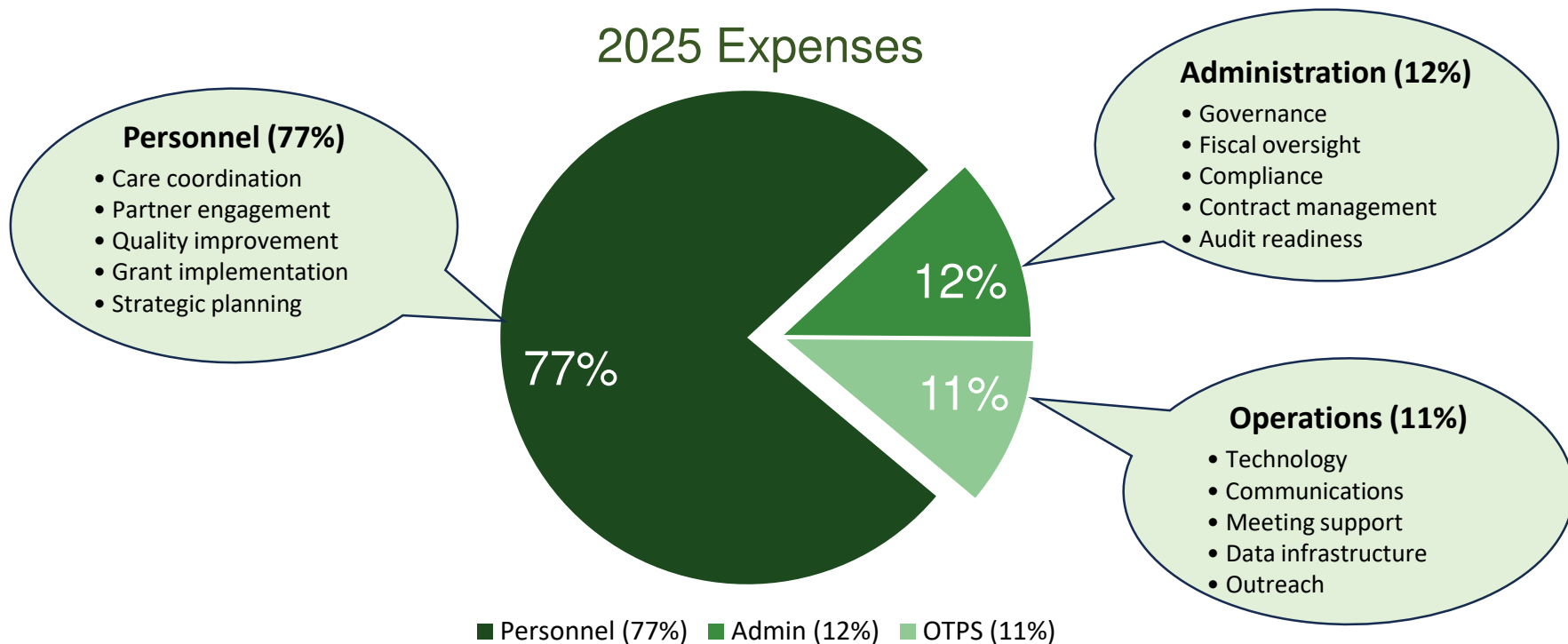
Achievement:

- Collectively improved performance metrics in mental health & substance use domains
- All four IPAs successfully met performance targets
- Received the Performance Award through dedicated leadership and committed partners
- Covered 27 counties in collaborative statewide effort

2025 Financial Report

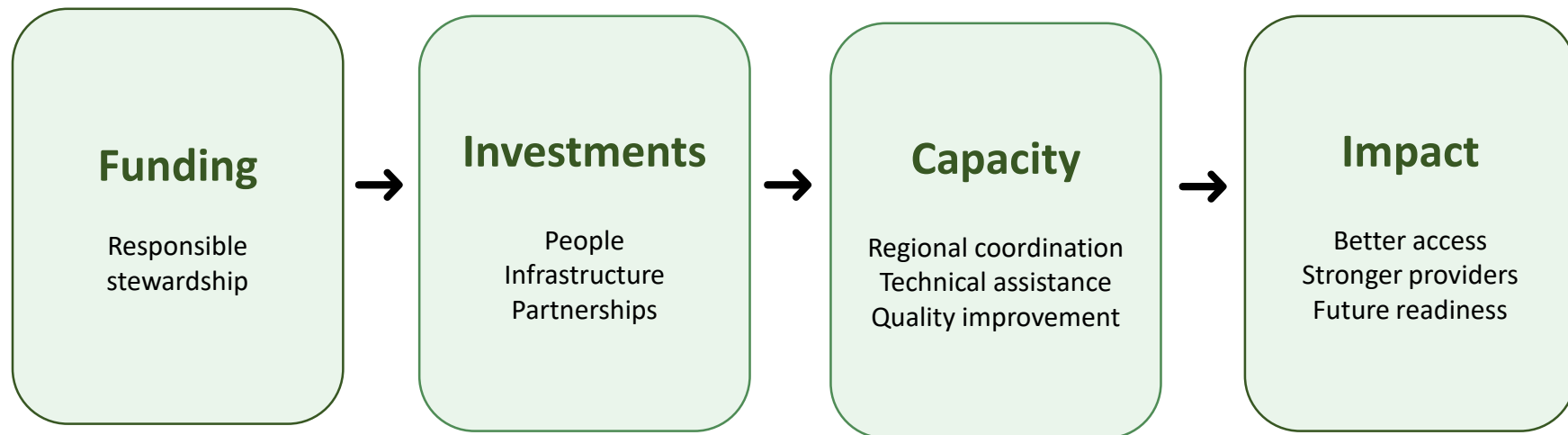
*Solid financial performance —
setting the groundwork for stable growth and sustainability.*

2025 Expenses



2025 Financial Stewardship

Financial resources were carefully invested to strengthen the regional behavioral health system—beyond supporting general operations.



The Return on Investment

Our investments created lasting regional capacity that extends well beyond a single fiscal year.

Regional Outcomes

- ✓ Expanded collaboration and capacity among behavioral health providers
- ✓ Strengthened hospital and primary care partnerships
- ✓ Advanced integrated behavioral health planning
- ✓ Supported quality improvement and data initiatives
- ✓ Positioned the region for future grant opportunities
- ✓ Built sustainable infrastructure for rural health transformation

Our Primary Service Area

Counties

Chenango
Delaware
Fulton
Herkimer
Montgomery
Otsego
Schoharie



Looking Ahead

From Financial Stewardship → Regional Capacity → Better Care

2025 investments established the foundation for long-term regional transformation.

Every dollar entrusted to the Mohawk Valley Behavioral Health IPA helped build stronger partnerships, expand regional capacity, improve coordination of care, and prepare our communities for the next generation of rural behavioral health transformation. Our greatest return on investment is a stronger system working together to improve outcomes for the people we serve.

Join Our Network

Together, we build healthier communities

Mohawk Valley Behavioral Health IPA is focused on supporting organizations throughout the Mohawk Valley region who share our vision for a healthier, more integrated community of mental health, substance use, recovery and prevention services.

For more information please contact:

Marion Mossman, Director

marionm@mvbhcc.com

www.mvbhcc.com



Mohawk Valley
Behavioral Health IPA

Building Communities That Care